

A SPIRITUAL SPA DAY
AT
KNOX UNITED CHURCH

**5600 Balaclava St (and W 41st), Kerrisdale
Saturday, March 10 from 10 am to 2pm.**

**A gift to you.
Free
No obligations**

**Experience a sacred day to unwind, relax and
immerse yourself in the warmth of holiness.**

**Receive Healing Touch ~take the steps within the Sacred Walk
~ Worship in movement ~ Music ~ Laughter yoga ~ Light a
candle in the intimate chapel setting ~ Be quiet in the
sanctuary with the inspiration of Celtic Harp music as
background ~ Be led in meditation.**

**ALL WE ASK IS THAT YOU CALL 604-263-7102 BY
Wednesday, March 7th TO TELL US YOU
ARE COMING SO WE CAN MAKE ENOUGH SOUP
or email Rev. Sharon Copeman copepersons@telus.net
www.knoxunitedvancouver.org**

